

**Tipperary Track & Field Championships Saturday 11<sup>th</sup> May 2024**  
**Templemore Day 1 @ 11am**

**Track Events at 11.30am**

**Boys & Girls U12     60mH**

Boys Under 9	60m	Heats
Boys Under 10	60m	Heats
Boys Under 11	60m	Heats
Boys Under 12	60m	Heats

**Semi Finals & Finals**

Girls Under 9	60m	Heats
Girls Under 10	60m	Heats
Girls Under 11	60m	Heats
Girls Under 12	60m	Heats

**Semi Finals & Finals**

Boys Under 9	300m	Heats
Boys Under 10	500m	Heats
Boys Under 11	600m	Heats
Boys Under 12	600m	Heats

Girls Under 9	300m	Heats
Girls Under 10	500m	Heats
Girls Under 11	600m	Heats
Girls Under 12	600m	Heats

**Track Events (cont)**

**Relays**

Girls Under 9	4 x 100m	Heats
Boys Under 9	4 x 100m	Heats
Girls Under 11	4 x 100m	Heats
Boys Under 11	4 x 100m	Heats
Girls Under 10	4 x 100m	Heats
Boys Under 10	4 x 100m	Heats
Girls Under 12	4 x 100m	Heats
Boys Under 12	4 x 100m	Heats

**Notes:**

All athletes confined to their own age group categories in individual events.

\*\*In Relay Races athletes may move up 2 age groups except where a club is entering more than one team in any one race - as per County Bye Law\*\*.

The order of events may be changed on the day depending on how events are progressing.

**All U9, U10, U11, U12 middle distance races will be decided on times.**

<b>Tipperary Track &amp; Field Championships Saturday 13<sup>th</sup> May 2023</b>						
<b>Order of Field Events, Templemore at 11.00am</b>						
<b>Series</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>		
<b>Turbo Javelin 1</b>	<b>G9</b>	<b>G.11</b>	<b>B10</b>	<b>G12</b>		
<b>Turbo Javelin 2</b>	<b>B9</b>	<b>B11</b>	<b>B12</b>	<b>G10</b>		
<b>High Jump</b>	<b>G11</b>	<b>B11</b>	<b>G12</b>	<b>B12</b>		
<b>Long Jump 1</b>	<b>B11</b>	<b>G.9</b>	<b>G11</b>	<b>B9</b>		
<b>Long Jump 2</b>	<b>G10</b>	<b>G12</b>	<b>B12</b>	<b>B10</b>		
<b>Shot</b>	<b>G12</b>	<b>B12</b>				
<b>Pole Vault</b>	<b>Girls &amp; Boys U/15, U/16, U/17, U/18 &amp; U/19 – Warm Up 12 noon with competition to start at 1pm</b>					

**Tipperary Track & Field Championships Sunday 12th May 2024**

**Templemore Day 2**

<b>Track events start at 11am</b>											
<b>Hurdles</b>	60m 2'3"	60m 2'3"	75m 2'3"	75m 2'6"	80m 2'6"	80m 2'6"	80m 2'9"	100m 2'6"	100m 2'9"	100m 3'	110m 3'3"
	G13	B13	G14	B14	G15	G16	B15	G17-19	B16	B17	B18-19
<b>Walks</b>	2k	2k	2k	2k	3K Walk	3K Walk					
	B13 & G13	B14 & G14	B15 & G15	B16 & G16	G17-19	B17-19					
<b>200m Timed</b>	G14	B14	G15	B15	G16	B16	G17-19	B17-19			
<b>1500m</b>	G14	B14	G15	B15	G16	B16	G17-19	B17-19			
<b>3000m</b>	G17-19	B17-19	B16 & G16								
<b>Sprints</b>	heats and finals										
<b>80m</b>	<b>80m</b>	<b>80m</b>	<b>80m</b>	<b>80m</b>	<b>100m</b>	<b>100m</b>	<b>100m</b>	<b>100m</b>	<b>100m</b>		
G13	B13	G14	B14	G15	B15	G16	B16	G17-19	B17-19		
<b>400m Timed</b>	G17-19	B17-19									
<b>600m</b>	<b>600m</b>	<b>800m</b>	<b>800m</b>	<b>800m</b>	<b>800m</b>	<b>800m</b>	<b>800m</b>	<b>800m</b>	<b>800m</b>		
G13	B13	G14	B14	G15	B15	G16	B16	G17-19	B17-19		
<b>Field Events</b>	<b>Hammer, High &amp; Triple Jump commence at 10am</b>						<b>Relays</b>		B15	4x100m	
<b>Triple Jump</b>	B17-19	B15, B16	G16	G17-19			G19	4x100m	G16	4x100m	
<b>High Jump</b>	G13, G14	B17-19	G17-19	B15, B16	G15-G16	B13, B14	B19	4x100m	B16	4x100m	
<b>Long Jump 1</b>	B13, B14	G13, G14	B17-19	G17-19	B15, B16	G15-G16	G13	4x100m	G17	4x100m	
<b>Javelin</b>	B15, B16	G15-G16	B13, B14	G13, G14	B17-19	G17-19	B13	4x100m	B17	4x100m	
<b>Shot</b>	G17-19	B15, B16	G15-G16	B13, B14	G13, G14	B17-19	G14	4x100m	G18	4x100m	
<b>Discus</b>	B17-19	G17-19	B15, B16	G15-G16	B14, G14		B14	4x100m	B18	4x100m	
<b>Hammer</b>	B17-19	B15, B16	G14, B14	G15-G16	G17-19		G15	4x100m	G19	4x400m	
									B19	4x400m	