

## Moycarkey Coolcroe A.C. 5km & 10km Road Races

Friday 30<sup>th</sup> August 2019 in Littleton

<u>Bib</u>	<u>Name</u>	<u>Category</u>	<u>Time</u>
358	Team Kerr	Wheelchair 5K	0:31:13.76

<u>Bib</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
401	Louise Fogarty	Female 5K	Moyne A.C.	0:19:55.21
394	Linda O'Connor	Female 5K	Carrigaline A.C.	0:19:56.34
380	Gillian Lawlor Ryan	Female 5k	Unattached	0:21:04.19
392	Ali O'Connor	Female 5K	Clonmel A.C.	0:21:45.83
384	Orlaith Healy	Female 5K	Terenure Sportsworld	0:21:48.89
399	Deirdre Royce	Female 5K	Moyne A.C.	0:24:21.26
387	Sharon Kiely	Female 5K	Moyne A.C.	0:25:12.67
366	Doireann Cooney	Female 5K	Unattached	0:26:34.94
357	Anna Fox	Female 5K	Moyne A.C.	0:27:03.86
374	Karen Sayers	Female 5K	Moycarkey Coolcroe A.C.	0:27:12.75
413	Olivia O'Brien	Female 5K	Moycarkey Coolcroe A.C.	0:37:31.76
368	Niamh Cooney	Female 5K	Unattached	0:38:20.11
393	Helena Loughnane	Female 5K	Unattached	0:40:15.25
410	Sinead Harding	Female 5K	Unattached	0:40:15.56
415	Marie Hayes	Female 5k	Moycarkey Coolcroe A.C.	0:47:40.97

<u>Bib</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
376	Benjamin Coughlan	Male 5k	Moreabbey Milers	0:17:46.17
390	Liam Kelly	Male 5k	Moyne A.C.	0:18:02.19
359	Sean Mc Daid	Male 5k	St Brigid's A.C.	0:18:07.12
391	Patrick O'Connor	Male 5k	Unattached	0:19:44.49
378	Michael Moore	Male 5k	Dundrum A.C.	0:20:23.27
355	Austin Ryan	Male 5k	Thurles Crokes A.C.	0:20:25.28
411	Noel Harding	Male 5k	Unattached	0:20:35.90
398	Patrick Bowe	Male 5k	Moyne A.C.	0:20:49.15
369	Noel Kennedy	Male 5k	Thurles Crokes A.C.	0:20:55.95
395	Paul Kelly	Male 5k	Carrigaline A.C.	0:21:01.60

396	Tom Kelly	Male 5k	Carrigaline A.C.	0:21:03.61
365	Martin O'Meara	Male 5k	Unattachd	0:21:19.60
379	Donal Keane	Male 5k	Dundrum A.C.	0:21:23.29
375	Dara Purcell	Male 5k	Thurles Crokes A.C.	0:21:25.63
386	Michael Grant	Male 5k	Killenaule	0:23:06.53
403	Michael Cronin	Male 5k	Thurles Crokes A.C.	0:23:29.05
388	Martin Kiely	Male 5k	Moyne A.C.	0:23:40.77
371	James Walsh	Male 5k	Unattached	0:23:50.27
373	Michael Ryan	Male 5k	Unattached	0:23:50.58
400	Ger Carey	Male 5k	Moycarkey Coolcroe A.C.	0:24:00.31
385	Shane Kerwick	Male 5k	Unattached	0:24:10.76
402	Martina Ryan	Male 5k	Thurles Crokes A.C.	0:24:17.87
404	Paul Dolan	Male 5k	Thurles Crokes A.C.	0:24:19.90
367	Simon Wynward	Male 5k	Unattached	0:25:04.00
405	Eileen Ely	Male 5k	Thurles Crokes A.C.	0:25:06.12
389	Michael Dundon	Male 5k	Thurles Crokes A.C.	0:25:22.79
356	Adrian Ryan	Male 5k	Unattached	0:28:20.59
370	Enda Cooney	Male 5k	Unattached	0:38:19.30
414	Donal Hayes	Male 5k	Moycarkey Coolcroe A.C.	0:47:40.45

<u>Bib</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
363	Aine Roche	Female 10k	Clonmel A.C.	0:42:35.96
409	Catherine Fogarty	Female 10k	Dundrum A.C.	0:46:29.46
353	Mary Lloyd	Female 10k	Brentwood Running Club	0:48:04.07
408	Martina Donnelly	Female 10k	Templemore A.C.	1:01:13.10
407	Breda O'Meara	Female 10k	Templemore A.C.	1:01:14.14

<u>Bib</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
360	Gary Scully	Male 10k	Nenagh Olympic A.C.	0:34:41.82
361	David Sheahan	Male 10k	Nenagh Olympic A.C.	0:35:18.34
362	Eoin Buckley	Male 10k	Unattached	0:36:23.69
352	Michael Byrne	Male 10k	St Catherine's A.C.	0:37:31.26
377	Paul Colton	Male 10k	Thurles Crokes A.C.	0:40:32.78
381	Alan Carter	Male 10k	Clonmel A.C.	0:41:07.85
412	Neilie Hall	Male 10k	Ballynonty A.C.	0:46:02.93
364	Jim O'Dwyer	Male 10k	Unattached	0:46:42.60
406	Sean O'Meara	Male 10k	Templemore A.C.	0:47:24.46
383	PJ Collins	Male 10k	Dundrum A.C.	0:47:42.11

354	David Mackey	Male 10k	Weald Park	0:50:10.11
382	John O'Brien	Male 10k	Dundrum A.C.	0:50:24.51
397	Noel Howley	Male 10k	Clonmel A.C.	0:52:54.03
351	Eamonn Crowley	Male 10k	Clonmel A.C.	1:02:45.86