

## County Tipperary U/23 & Masters Cross Country Championships

Sunday 3<sup>rd</sup> November 2019 in Thurles Crokes A.C.

County Tipperary Women Under 23 Cross Country Championships					
Place	Athletes name	Club	Category	Mins	Secs
1	Eimear Loughman	Nenagh Olympic	Under 23	17	48
County Tipperary Master Women Cross Country Championships					
Place	Athletes name	Club	Category	Mins	Secs
1	Dymphna Ryan	Dundrum AC	F35	15	25
2	Angela Mc Cann	Clonmel AC	F45	16	40
3	Kealey Tideswell	Clonmel AC	F35	16	44
4	Karen Coughlan	Dundrum AC	F35	16	49
5	Gillian Lawlor Ryan	Thurles Crokes AC	F35	17	7
6	Marie O'Shea	Mooreabbey Milers AC	F40	17	12
7	Suzanne Shine	Clonmel AC	F40	17	22
8	Evelyn Maher	Templemore AC	F35	17	30
9	Carmel Fitzgibbon	Thurles Crokes AC	F35	17	33
10	Mary Louise Ryan	Mooreabbey Milers AC	F35	17	39
11	Patricia Ryan	Dundrum AC	F35	17	44
12	Eileen McCullagh	Thurles Crokes AC	F35	18	2
13	Orla Mc Donald	Templemore AC	F35	18	11
14	Yvonne O Connor	Clonmel AC	F45	18	16
15	Edel Delaney	Moyne AC	F35	18	27
16	Nicola Maunsell	Clonmel AC	F45	18	28
17	Sareen Walsh	Clonmel AC	F45	18	33
18	Martina Moloney	Mooreabbey Milers AC	F35	18	45
19	Sarah Whelan	Clonmel AC	F35	18	55
20	Mairead Julian	Dundrum AC	F45	19	14
21	Michelle Percy	Moyne AC	F45	19	45
22	Mary Pyke	Mooreabbey Milers AC	F45	19	58
23	Patricia Ryan	Mooreabbey Milers AC	F35	20	29
24	Trisha Blackburn	Mooreabbey Milers AC	F50	20	58
25	Mandy Parslow	Mooreabbey Milers AC	F45	21	11
26	Brid Quinlan	Thurles Crokes AC	F40	21	18
27	Eileen Hynes	Clonmel AC	F60	21	32
28	Bernadette Spillane	Moyne AC	F35	22	13
29	Helen O Ceallaigh	Clonmel AC	F50	23	16

Over 35 Teams					
1	Dundrum AC	1, 4, 11	16 points		
2	Thurles Crokes AC	5, 9, 12	26 points		
3	Clonmel AC	3, 7, 19	29 points		
4	Mooreabbey Milers AC	6, 10, 18	34 points		
Over 45 teams					
1	Clonmel AC A	2, 14, 16	32 points		
2	Mooreabbey Milers AC	22, 24, 25	71 points		
3	Clonmel AC B	17, 27, 29	73 points		

County Tipperary Men Under 23 Cross Country Championships					
Place	Athletes name	Club	Category	Mins	Secs
1	Aaron Quigley	Nenagh Olympic	Under 23	26	28
County Tipperary Master Men 4K Cross Country Championships					
Place	Athletes name	Club	Category	Mins	Secs
1	Matt Alexander	Coolquill AC	M65	17	36
1	Eddie Cahalane	Coolquill AC	M70	21	3
1	Myles McHugh	Clonmel AC	M75	23	22
County Tipperary Master Men 7K Cross Country Championships					
Place	Athletes name	Club	Category	Mins	Secs
1	John Fitzgibbon	Thurles Crokes AC	M35	24	47
2	David Sheehan	Nenagh Olympic AC	M45	24	54
3	Paddy Cummins	Moycarkey Coolcree AC	M35	25	7
4	Dermot Hayes	Dundrum AC	M50	25	21
5	Colm Bradshaw	Dundrum AC	M35	25	44
6	Gareth Mc Glinchey	Dundrum AC	M35	25	53
7	Tom Blackburn	Mooreabbey Milers AC	M50	26	6
8	Stephen Flanagan	Moyne AC	M35	26	21
9	Peter Madden	Templemore AC	M45	26	34
10	Ruaidhri Devitt	Dundrum AC	M35	26	36
11	Patrick Roche	Carrick-on-Suir AC	M40	26	42

12	Jimmy Boland	Clonmel AC	M35	26	47
13	John Russell	Thurles Crokes AC	M40	26	49
14	Barry Hartnett	Mooreabbey Milers AC	M35	27	30
15	John Fogarty	Moycarkey Coolcree AC	M40	27	36
16	Adrian McGinly	Templemore AC	M40	27	46
17	Gerard Hanley	Mooreabbey Milers AC	M45	27	48
18	Kevin Patrick Lenihan	Mooreabbey Milers AC	M35	28	4
19	Donal Keane	Dundrum AC	M40	28	10
20	Damien Holian	Mooreabbey Milers AC	M50	28	13
21	Willie O'Donoghue	Mooreabbey Milers AC	M55	28	22
22	Shane Mullaney	Moycarkey Coolcree AC	M35	28	32
23	John O'Shea	Coolquill AC	M45	28	40
24	Sean McCarthy	Clonmel AC	M45	28	59
25	Michael Moore	Dundrum AC	M55	29	3
26	Michael Bergin	Moyne AC	M35	29	5
27	Willie Shanahan	Thurles Crokes AC	M45	29	10
28	Michael Ryan	Dundrum AC	M40	29	12
29	Robert Cunningham	Mooreabbey Milers AC	M35	29	17
30	Dariusz Gazddwicz	Mooreabbey Milers AC	M45	29	19
31	Jim Halley	Dundrum AC	M50	29	27
32	Pat O Connor	Clonmel AC	M50	29	37
33	Patrick Bowe	Moyne AC	M45	29	41
34	Pat Coffey	Clonmel AC	M55	30	16
35	Brian Smyth	Coolquill AC	M35	30	29
36	Denis Mc Cullagh	Thurles Crokes AC	M40	31	15
37	Noel Kennedy	Thurles Crokes AC	M45	31	17
38	John Perry	Clonmel AC	M50	31	22
39	James O Brien	Clonmel AC	M40	31	48
40	Bernard Feery	Clonmel AC	M55	31	53
41	Michael Healy	Moycarkey Coolcree AC	M35	31	57
42	Brendan Delaney	Moyne AC	M40	32	5
43	John Moore	Dundrum AC	M60	32	38
44	Darragh Purcell	Thurles Crokes AC	M50	33	3
45	Pj Holmes	Dundrum AC	M60	33	19
46	Andrew Galloway	Coolquill AC	M55	34	29
47	Ned O Brien	Clonmel AC	M60	34	40
<b>Over 35 teams</b>					
1	Dundrum AC	5, 6, 10, 19	40 points		
2	Thurles Crokes AC	1, 13, 27, 36	77 points		
3	Mooreabbey Milers AC	14, 17, 18, 29	78 points		

4	Moycarkey Coolcree AC	3, 15, 22, 41	81 points		
5	Clonmel AC	12, 24, 39, 40	115 points		
<b>Over 50 Teams</b>					
1	Mooreabbey Milers AC	7, 20, 21	48 points		
2	Dundrum AC	4, 25, 31	60 points		
3	Clonmel AC	32, 34, 38	104 points		