

Motions & Recommendations
**(passed at 2011 AGM, Thursday 12th January 2012, Horse & Jockey
Hotel)**

MOTIONS

3 Regrading for Cross Country & Road Intermediate

B. That regrading will be automatic after 5 championship races from the time the athlete last became ineligible for the grade.

Dundrum A.C.

That all County cross country fixtures begin at 12 noon.

Coolquill A.C.

That in relays athletes under 8's may compete at under 9. (Athletes may move up 2 age groups in all cases) except where a club is entering more than one team in any one race. Athletes then may only be a member of one team per day in the case where a Club enters a second team (i.e. Under 11 cannot be on an under 11 & under 13 team in this instance).

Carrick on Suir A.C.

That if there are no teams of four in Cross Country Championships medals will be awarded to teams of three.

That County Development squads be introduced for juvenile cross country athletes.

Moyne A.C.

That the County Cross Country Championship distances for boys and girls under 9 be reduced to 600M and that the distance for the boys and girls under 10 be reduced to 800m.

Clonmel A.C.

RECOMMENDATION

- a) That breaks be introduced into the Juvenile Track & Field programme to allow field events to catch up: ie after the hurdles, after the sprints.
- b) That relays not to commence until all field events are over.

Moycarkey Coolcree A.C.