

## County titles for Catherine Rice and Kevin Moore

The County Intermediate Road Championships were held in Dundrum last Sunday in good conditions. The County Board would like to thank the Clubs that supported these two Championship races as we had two very good events. In the Ladies race, where 23 athletes competed, Catherine Rice of Clonmel went to the line as favourite following on from her Silver medal performance in the County Novice Road. Right from the start Catherine made her intentions known as she set a strong pace that soon took her into the lead, a lead she held all the way to the line to win her first County Individual title impressively in 15 mins 33 secs. Behind her we had a group of athletes in the chasing pack and midway through the race Johanna Lacy of Clonmel and Laura Burke of Coolquill emerged out of this pack in the tussle for the Silver and Bronze medals. With a kilometre to go Johanna moved into 2<sup>nd</sup> place and held that position all the way to the line to win the Silver medal in 16:18 with Laura, the recently crowned County Novice B Champion, winning the Bronze medal in 16:28. For the record Clare Devitt of Dundrum was 4<sup>th</sup> in 16:37, 5<sup>th</sup> Suzanne Shine of Clonmel 16:44 and 6<sup>th</sup> Lisa Quinlan of Moyne 16:49. With three to count on the Club team, Clonmel with three in the top 5 were convincing winners on 8 points. The Silver Club medals were won by the Clonmel team of Donna Nagle 7<sup>th</sup> in 17:06, Una Redfern 9<sup>th</sup> in 17:35 and Julie Tideswell 12<sup>th</sup> in 18:39 on 28 points. The Thurles Crokes team of Marie Fitzgibbon 8<sup>th</sup> in 17:18, Eileen Carey 11<sup>th</sup> in 18:22 and Rebecca Power 16<sup>th</sup> in 19:11 won the Bronze medals on 35 points. 4<sup>th</sup> Moyne 37 points, 5<sup>th</sup> Coolquill 38 points, 6<sup>th</sup> Dundrum 42 points and 7<sup>th</sup> Clonmel C on 50 points.

The Men's race, which saw 39 athletes go to the start representing seven Clubs. In this race the pre race favourite was Kevin Moore of Dundrum. Right from the start he went to the front and soon along with Ross Alexander of Coolquill set a strong pace that stretched the entire field. They both maintained this strong pace throughout the race that saw them well clear of the chasing pack of three Dundrum athletes Donal Keane, John Shanahan and Michael Ryan as they went out on the final lap. Then midway through this lap as the athletes approached 6k Kevin increase the pace and soon moved into a clear lead which he held all the way to the line to win convincingly in 27 mins 23 secs. Then we had Ross Alexander running on well to win the Silver medal in 27:42. Donal Keane made his move over the final mile to win the Bronze medal in 27:48, great performances by all three athletes. 4<sup>th</sup> was John Shanahan, Dundrum in 27:55, 5<sup>th</sup> Michael Ryan, Dundrum 28:01 and 6<sup>th</sup> Derek Nolan, Clonmel 28:22. With four to score in the team event, Dundrum with their team in the top 5 were very convincing winners of the Dundrum Cup on points. The Silver medals were won by the Coolquill team of Ross, Andrew Smyth 7<sup>th</sup> 28:35, Dermot Logue 8<sup>th</sup> 28:40 and John Russell 17<sup>th</sup> 29:43. The Bronze medals were won by the Clonmel team of Derek, Vasiliy Neumerzhitskiy 9<sup>th</sup> 28:49, Paudie O Keeffe 13<sup>th</sup> 29:06 and Niall O Ceallaigh 15<sup>th</sup> 29:23. 4<sup>th</sup> Thurles Crokes 65 points, Dundrum B 88 points, Clonmel B 92 points and Templemore 121 points.

The County Board Vice Chairman, Tadgh Vaughan thanked Dundrum for promoting two very good races. He also thanked the ladies committee for the post race refreshments. Before the presentation of the Senior medals, the Dundrum Chairman, John Moore presented Joshua O Dwyer with his All Ireland under 12 600m Gold medal which he won when he was joint 1<sup>st</sup>.

By Niall O'Sullivan, County Senior PRO