



Athletics Ireland Tipperary County Board

Moyne Village, Thurles, Co. Tipperary

Telephone: 087 2027482 E-mail: maighean@outlook.com

2021 County Juvenile Uneven Age Cross Country Championships

21st September 2021

Dear Clubs,

Day Two (Uneven Ages) of the County Juvenile Cross Country Championships will be held in Galbally on Sunday 10th of October starting at 12noon. Closing date for receipt of entries is Wednesday 6th October 2021 @ 6pm.

Scoring

Individual medals will be presented to the first <u>10</u> across the line at U/9, U/11, and U/13 and to the first <u>3</u> across the line at U/15, U/17, and U/19. Please note that due to Covid-19 restrictions no medal presentations will take place. Medals will be placed on a table at the finish line with athletes picking up their own individual medal.

Medals will be awarded to the top three teams in each event. Teams of 4 will score at U/9, U/11, U/13, and U/15 and teams of 3 at U/17 and U/19. If there are no teams of 4, medals will be awarded to teams of 3. Please note that due to Covid-19 restrictions no team medals will be presented on the day.

Distances

The 2020 Cross Country Distances are

Girls	Boys
G09 – 600m (county only)	B09 – 600m (county only)
G11 – 1,500mts	B11 – 1,500mts
G13 – 2,500mts	B13 – 2,500mts
G15 – 3,500mts	B15 – 3,500mts
G17 – 4,000mts	B17 – 5,000mts
G19 – 4,000mts	B19 – 5,000mts
Junior Ladies – 4,000mts	Junior Men – 5,000mts

Please note that the Junior Cross-Country Championships will also take place on the same day. As per our County By-Laws - the U/17, U/19 & Junior Cross-Country Championships for Ladies & Men be run as one race. Individual and team medals will be awarded to the top 3 in each category within that race (if there are sufficient numbers). Age Eligibility for Junior - Over 16 and Under 20 on the 31st of December in the Competition Year. Distances: Junior Women 4km, Junior Men 5km (reduction of 1k to take account for younger U/17 athletes. Scoring: Men 3 to score. Ladies 3 to





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score. Athletes may score in more than one eligible category. Athletes must enter in each category race to be eligible to score in more than one category i.e. U/19 & Junior.

Yours in sport, Eibhlis Purcell Juvenile Cross Country Secretary