

Programme for the Tipperary AAI County Even Juvenile and Novice Cross Country on the 04th of October 2020 in Newport

Time	U/10 G	U/10 B	U/12 G	U/12 B	U/14 G	U/14 B	U/16 G	U/16 B	U/18 G	U/18 B	Novice Ladies	Novice Men
10.20	Red											
10.40	Yellow	Red										
11.00	Green	Yellow	Red									
11.20		Green	Yellow	Red								
11.40			Green	Yellow	Red							
12.00				Green	Yellow	Red						
12.30					Green	Yellow	Red					
13.00						Green	Yellow	Red				
13.30							Green	Yellow	Red			
14.00								Green	Yellow	Red		
14.30									Green	Yellow	Red	
15.00										Green	Yellow	Red
15.30											Green	Yellow
16.00												Green
	Go to your zone in the carpark to collect your numbers from your Team Leader											
	Allocated time for warming up on the infield only. Only the athletes allocated to this time can warm up. No one will be allowed onto the infield without a number or a Club Team Leader											
	Your Club Team Leader will be required to have you at the start line 5 minutes before this time as the time illustrated is the start time. If you are not there, the race will start without you.											