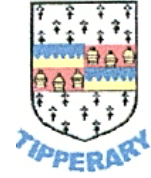




Athletics Ireland

Tipperary County Board



Moyne Village, Thurles, Co. Tipperary

Telephone: 087 2027482
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2020 County Juvenile Uneven Age Cross Country Championships

23rd September 2020

Dear Clubs,

Day Two (Uneven Ages) of the County Juvenile Cross Country Championships will be held in Middlepiece, Two-Mile-Borris on Sunday 11th of October starting at 11am. **Closing date for receipt of entries is midnight on Wednesday 7th October 2020.**

Scoring

Individual medals will be presented to the first **10** across the line at U/9, U/11, and U/13 and to the first **3** across the line at U/15, U/17, and U/19. **Please note that due to Covid-19 restrictions no medal presentations will take place. Medals will be placed on a table at the finish line with athletes picking up their own individual medal.**

Medals will be awarded to the top three teams in each event. Teams of 4 will score at U/9, U/11, U/13, and U/15 and teams of 3 at U/17 and U/19. If there are no teams of 4, medals will be awarded to teams of 3. **Please note that due to Covid-19 restrictions no team medals will be presented on the day.**

Distances

The 2020 Cross Country Distances are

Girls

G09 – 600m (County only)
G11 – 1,500mts
G13 – 2,500mts
G15 – 3,500mts
G17 – 4,000mts
G19 – 4,000mts

Boys

B09 – 600m (County only)
B11 – 1,500mts
B13 – 2,500mts
B15 – 3,500mts
B17 – 5,000mts
B19 – 5,000mts

Please note that the Junior Cross-Country Championships will also take place on the same day. As per our County By-Laws - the U/17, U/19 & Junior Cross-Country Championships for Ladies & Men be run as one race. Individual and team medals will be awarded to the top 3 in each category within that race (if there are sufficient numbers). Age Eligibility for Junior - Over 16 and Under 20 on the 31st of December in the Competition Year. Distances: Junior Women 4km, Junior Men 5km (reduction of 1k to take account for younger U/17 athletes. Scoring: Men 3 to score. Ladies 3 to



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score. Athletes may score in more than one eligible category. Athletes must enter in each category race to be eligible to score in more than one category i.e. U/19 & Junior.

Chip timing will be in operation on the day and all results will be posted up on Tipperary Athletics Social Media sites. Again, due to Covid-19, all clubs are asked to familiarise themselves with the procedures that have been put in place to allow for the Championships to take place.

Livestream link for The Turnpike can be found here - tbc

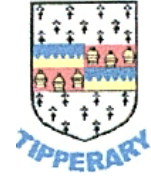
Timetable can be found below.

Yours in sport,
Eibhlis Purcell
Juvenile Cross Country Secretary



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Programme for the Tipperary AAI County Un-Even Juvenile, Junior and Intermediate Cross Country on the 11th of October 2020 in the Middle-Piece, Two Mile Borris

Time	U/9 G	U/9 B	U/11 G	U/11 B	U/13 G	U/13 B	U/15 G	U/15 B	U/17/19 G/Junior	U/17/19 B /Junior	Inter Ladies	Inter Men
10.20	Red											
10.40	Yellow	Red										
11.00	Green	Yellow	Red									
11.20		Green	Yellow	Red								
11.40			Green	Yellow	Red							
12.00				Green	Yellow	Red						
12.30					Green	Yellow	Red					
13.00						Green	Yellow	Red				
13.30							Green	Yellow	Red			
14.00								Green	Yellow	Red		
14.30									Green	Yellow	Red	
15.00										Green	Yellow	Red
15.30											Green	Yellow
16.10												Green
Red	Go to your zone in the carpark to collect your numbers from your Team Leader											
Yellow	Allocated time for warming up on the infield only. Only the athletes allocated to this time can warm up. No one will be allowed onto the infield without a number or a Club Team Leader											
Green	Your Club Team Leader will be required to have you at the start line 5 minutes before this time as the time illustrated is the start time. If you are not there, the race will start without you.											