

County Tipperary Athletic Association

Primary Schools Cross Country Championships 2018

8th September 2018

Dear Principal,

The 2018 Primary Schools Cross Country Championships will take place on Wednesday 26th September in Thurles Crokes Complex, Nenagh Rd., Thurles. Entries will be accepted by EMAIL ONLY to tipperaryschoolsathletics@gmail.com on the attached Entry form. Entries close on Friday September 21st 2018.

For the safety of all competitors, we are going to continue to divide our Primary Schools Cross Country Championship into **TWO** sessions. A proposal has been made to hold a race for special needs children, this will be held between the first and second session (subject to feedback and levels of interest from schools). At schools' requests, we are changing the race schedule this year, *so last year's session 2 will be this year's session 1 and vice versa.*

SCHOOLS WILL BE CONFINED TO THEIR OWN CATEGORY. If you are late for your race, your athletes will not be allowed score in any other race.

School Categories: **Mixed Schools Only:** **Extra Small-55** pupils or less: **Small-56-85** pupils: **Medium-86-110** Pupils: **Large-** 111 to 180 Pupils: **Major-**Over 180 Pupils. **Single Gender Schools:** Category will be decided by doubling Roll Numbers.

Session 1 will start at 10.30am SHARP and will include **Extra Small, Small & Medium Schools.**

Proposed Special Needs race (subject to feedback and levels of interest from schools)

Session 2 will start at 11.30am approx. and will include **Major & Large Schools.**

All numbers must be collected by 10.15am for 1st Session and 11.15am for 2nd Session. Numbers allocated to each competitor must be strictly adhered to!!! Any incorrect number used by a competitor will be declared null and void and not considered for the result, so please double check that each child has the correct number. In the past, giving out incorrect numbers has caused major delays in the processing of results.

We will use starting stalls to give everybody the same advantage. Please place **your better runners at the front** of your **team**. Results of every race will be available within twenty minutes of race finish and will be posted up in the Clubhouse entrance. **We ask All Schools to collect their medals on the day.** The results will also be posted on www.tipperaryathletics.com the same evening.

Teams, Scoring System & Prizes

There is no limit on team size or on the number of pupils a school may enter.

For Small and X-Small Schools it is **THREE ATHLETES TO SCORE.**

In all other categories it is **FOUR TO SCORE.**

Medals will be presented to the First 10 Individuals in each Race and the scoring members of the 1st 3 teams.

Entries & Entry Fees:

Entry Fee is €1.50 per Athlete.

Cheques made payable to County Tipperary A.A.I.

Any School needing extra medals can contact John Quirke, Jeweller, Cahir 052-7441774.

Have fun with your fitness Training, everybody will feel better and fitter at the end of it. It will be well worth the effort to be fit and enjoy the competition on the day. Start your preparation today.

We thank you for the support you have given us over the years and look forward to meeting you on 26th Sept.

Yours in sport,

Jim Ryan

Fixture Secretary 0868281969