



Tipperary County Athletics



Secondary Schools Track & Field Championships

Date: Wednesday 6th April 2022
Discus & Hammer Check in at 9.45am to start at 10am
Hurdles to commence at 10.45am. All other events to start at 11am.

Venue: Templemore Athletic Arena

Entries: Closing Date: Friday 1st April (Entries will be online)
Entry Fees: €5.00 Per Athlete & €5.00 Per Relay

Contact: Competition Secretary: Jim Ryan, 086 8281969

Age Categories

Minor Under 14 on 1st July 2022 **Junior** Under 15 On 1st July 2022
Intermediate Under 17 on 1st July 2022 **Senior** Under 19 on 1st January 2022

Programme*

Minor Girls & Boys 100m, 75mh, 800m, L/Jump, S/Putt, 4 x 100m Relay
Junior Girls & Boys 100m, 75/80mh, 800m, L/Jump, Discus, Hammer, S/Putt, 4 x 100m
Inter Girls 100m, 80mh, 800m, 1500m, L/Jump, H/Jump, S/Putt, Discus, Hammer, 4 x 100m
Inter Boys 100m, 100mh, 400m, 1500m, L/Jump, H/Jump, S/Putt, Discus, Hammer, 4 x 100m
Senior Girls: 100m, 100mh, 800m, 1500m, L/Jump, H/Jump, S/Putt, Discus, Hammer, 4 x 100m
Senior Boys: 100m, 110mh, 400m, 1500m, L/Jump, H/Jump, S/Putt, Discus, Hammer, 4 x 100m

Please note that in the interest of health & safety, ALL Field Event Athletes must be technically proficient and competent in their event. Athletes that do not demonstrate proficiency may be excluded from further participation in that event at the discretion of the Track Referee.

ORDER OF EVENTS

Track	High Jump	Long Jump 1	Long Jump 2	Shot Putt
Hurdles	Inter Boys	Minor Boys	Senior Boys	Inter Girls
Girls 100m	Senior Boys	Inter Boys	Junior Boys	Senior Girls
Girls 800m/1500m	Inter Girls	Minor Girls	Senior Girls	Junior Girls
Boys 100m	Senior Girls	Inter Girls	Junior Girls	Junior Boys
Boys 800/1500m				Inter Boys
Boys 400m				Senior Boys
Relays				Minor Boys
				Minor Girls
Track Events Sequence: Minor, Junior, Intermediate & Senior				

GENERAL INFORMATION

NUMBERS: - Numbers will be allotted to each entered athlete.
FOOTWEAR: - Only 5mm Tartan Needle Spikes in running Shoes. No football boots allowed
 Athletes will have **3 attempts** only in the Long Jump, Shot Put, Discus & Hammer

Yours in Sport Jim Ryan for Tipperary Athletics