

The new link for the next Munster Squad for the **DEVELOPMENT** squad is available now to register here : <https://eventmaster.ie/event/PkRkHJDhLe>  
All performance squad athletes have already registered, so no need to register again.

The second session of the Munster Development and Academy Squads takes place **Saturday, 8th October** in Templemore Track.

Development Squad takes place from 11am to 1pm. Events covered will be **Short hurdles ,shot , Pole Vault, Javelin , Middle Distance and Walks.**

Academy Squad takes place from 1.30pm to 3.30pm and covers all events except the **Discus which will be from 11am to 1pm. Hammer be running from 2-4 pm** with John, to utilise the throws cage.

More Important details below.

Development Squad takes place from **11am to 1pm.** with check in from 10.45am.

**Please note the following:-**

1. **The Development and Academy Middle Distance will take place together from 11am to 1pm.**
2. **The Development and Academy Walks will take place together from 1.30pm to 3.30pm.**

Academy Squad takes place from 1.30pm to 3.30pm with check in from 1.15pm. All events will be covered.

Please note the following:-

1. **The Discus sessions for the Academy will take place from 11am to 1pm to allow athletes to also do another throwing event in the afternoon session.**
2. **The hammer sessions for the performance squad will take place from 2-4pm to utilise the throws cage.**
3. **Middle Distance Academy takes place with the Development Squad from 11am to 1pm.**

Any questions, please let me know.

Kind regards,

**Grace Lynch**

Regional Development Officer Mid-West  
/South