

# 35<sup>th</sup> Coillte Virtual 5k/10k Road Run

Wednesday the 1st of July we would all have been looking forward to the 35<sup>th</sup> Coillte 10k road race in Dundrum. However the outbreak of the Covid 19 virus means we cannot hold the race in Dundrum this year in the normal format.

Instead the club has decided to hold a Virtual run where participants would do the run in the area where they live adhering to HSE Covid 19 restrictions at all times. The club has decided to give participants the option of Walking, Jogging or Running a 5k or 10k for a donation of €10 per each distance or a donation of €15 for both distances. The distances are to be completed between Wednesday 17<sup>th</sup> June and Wednesday 1<sup>st</sup> July. Entries are all online at the link <https://coilltevirtualroadraces.itsyourrace.com//register> you have to enter before you do the distance. We would encourage participants to register as early as possible and then do the event in their own time. All participants have to be over 18 years of age.

The club has decided to donate all monies raised after costs to Tipperary Civil Defence Clonmel who are involved in helping with the Covid 19 pandemic .The Clonmel branch has also provided First Aid cover for the race every year since the first race in 1986.

This year the club has once again linked up with Niall O'Sullivan's Premier Timing Systems for results data. Participants have a number of options to feed back details of their run to Niall for him to create a result sheet for both distances. See information on this via race flyer on the above link or at Dundrum AC, Premier Timing Systems and other relevant Social Media pages. It is important that everybody feeds back Niall their name and time for result sheet as there will also be numerous spot prizes to be won based on finishing positions.

The club is delighted to have Coillte once again as our main sponsor. With Dundrum surrounded by trees and forest trails for running and walking developed by Coillte over the years it's appropriate that Coillte are involved with us in the healthy sport of running. The semi state company has been involved in this race every year since it was set up in 1988 which is greatly appreciated by the club. For Tipperary athletes there is the added incentive of the Tim Crowe Memorial trophy (kindly donated by Dominic Moore) for the fastest Tipperary athlete in the 10k. The present holder been David Mansfield Clonmel.

Michael Hassett St Catherines has had the most number of men's victories with six wins. While in the women's race Siobhan O'Doherty Borrisokane is in a class of her own with her twelfth win achieved last year. Kevin Moore is the only local club athlete to have won the race in its 34 year history achieved in 2014. Dymphna Ryan also from the local club has had a hatrick of excellent second places between 2013 and 2015.

The following list is the men and women winners since 1986.

**1986** John O'Halloran Tipp Town, Kathleen Maher Ballytrasna, **1987** John Fitzgerald Clonmel, Mary Lonergan Reenavana, **1988** Toddy Finn Raheny Shamrocks, Kay O'Sullivan Upperchurch, **1989** Bernard Feery Clonmel, Martina Dorney Thurles Crokes, **1990** Robert Costello Limerick, Kay O'Sullivan Upperchurch, **1991** Michael Hassett Thurles Crokes, Mary Sheehan East Cork, **1992** Robert Costello Limerick, Mary Sheehan East Cork, **1993** Michael Hassett St. Catherines, Mary Sheehan East Cork, **1994** Michael Hassett St. Catherines, Gaile Culleton Thurles Crokes, **1995** Michael Hassett St. Catherines, Marcella

Moloney Tullamore Harriers, **1996** Michael Hassett St. Catherines, Siobhan McCormack Emerald A.C., **1997** Daniel Gidumbanda Tanzania, Mary Sheehan Grange Fermoy, **1998** Michael Hassett St. Catherines, Mary Sheehan East Cork, **1999** Colm Burke St. Abbans, Mary Sheehan Grange Fermoy, **2000** William Harty K.C.K., Mary Sheehan Grange Fermoy, **2001** Robert Wade Waterford A.C., Mary Sheehan Grange Fermoy, **2002** Pat Byrne Tinryland, Mary Sheehan Grange Fermoy, **2003** Tom Carey Limerick A.C., Rosemary Ryan Bilboa, **2004** Mick Kelly Gowran A.C., Siobhan O'Doherty Borrisokane, **2005** Sandis Bralitis Ballynonty A.C., Siobhan O'Doherty Borrisokane, **2006** Tom Carey Limerick A.C., Rosemary Ryan Bilboa, **2007** Dermot Kearns West Limerick, Madeline Dorney Thurles Crokes, **2008** Jason Fahey Olympic Harriers, Rosemary Ryan Bilboa, **2009** Tommy Evans Gowran, Siobhan O'Doherty Borrisokane. **2010** Seamus Power Kilmurray Ibrickane, Siobhan O'Doherty Borrisokane. **2011** Kenneth Rogers St John's, Rosemary Ryan Bilboa. **2012** Michael Shannon Kilnaboy, Siobhan O'Doherty Borrisokane. **2013** Christopher Bracken Thurles Crokes, Siobhan O'Doherty Borrisokane. **2014** Kevin Moore Dundrum, Siobhan O'Doherty Borrisokane. **2015** Stephen Hunter St Michael's, Siobhan O'Doherty Borrisokane. **2016** Declan Moore Bilboa, Siobhan O'Doherty Borrisokane. **2017** David Mansfield Clonliffe Harriers, Siobhan O'Doherty Borrisokane. **2018** Freddy Keron Sittuk Kenya, Siobhan O'Doherty Borrisokane. **2019** David Mansfield Clonmel, Siobhan O'Doherty Borrisokane